

July 15, 2008

Dear Parent,

Thank you for participating in the summer Stroke and Conditioning competitive swim clinic. On Friday, July 18th we will hold a mini swim meet for the swimmers in the program. **All swimmers should come to the pool at 10:45am.** The meet will begin at 11:00am and should last about an hour. This meet is just for fun, no points will be kept and everyone will get a ribbon for every event they swim. We will need parent volunteers to help run the meet. Please fill out the form below and return it to the coaches as soon as possible. It will help the planning of the meet go more smoothly. Thank you so much.

We hope that your swimmer(s) enjoyed their swimming experience with us. This program will continue in the fall under the name Stroke and Conditioning Clinic. The program starts in September and we run two, five week sessions, Monday thru Thursday. You can sign up for two days a week or all four. We take a break for the holidays and then start again in January. If you are interested in any of these programs please check at the Activities Desk in August or feel free to call me at (925) 463-2822, ext. 458.

Again, many thanks for your participation. If you have any further questions please do not hesitate to talk to me directly or call me at the above number.

See you at the pool,

Sandie Hembroth
Coordinator

_____ YES, my child will be participating in the meet.

_____ YES, I am willing to be a volunteer.

_____ NO, my child will not be participating in the meet.

(Parent's Name)

(Child's Name)